

# Rama Jewelers

In Business Since 1993

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Large Selection of  
DIAMOND JEWELRY at  
Special Low Prices!

www.RamaJewelers.com

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- Watches • Necklaces • Diamond Tennis Bracelets and much more.

CUSTOM DESIGNS ALSO AVAILABLE!  
Direct Diamond Importers

## 20% OFF

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With This Coupon. Cannot Be Combined  
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Jewelry Repairs While You Wait

## We Buy Gold & Diamonds

\$ TOP DOLLAR PAID \$

DECEMBER 2021  
ZONE 12

## Shopper's Guide

LOCALLY OWNED  
AND PUBLISHED

MAILED TO RUTHERFORD - EAST RUTHERFORD - CARLSTADT - WOODRIDGE - HASBROUCK HEIGHTS

# MERRY CHRISTMAS & HAPPY HOLIDAYS

ANNABELLA'S

HOUSE OF MOZZARELLA

EST. 2004

& ITALIAN TAVERN

# FAMILY TRADITIONS LIVE HERE

SEAFOOD  
PLATTERS  
BROILED & FRIED

SHRIMP  
COCKTAIL

AUTHENTIC  
ANTIPASTO

SEAFOOD  
SALADS  
BACCALA • OCTOPUS  
& FRUTTA DI MARE

ANNABELLA'S AWARD WINNING  
MOZZARELLA ON YOUR  
TABLE THIS HOLIDAY

WORLD  
FAMOUS  
CHEESECAKE

900 PATERSON PLANK ROAD • EAST RUTHERFORD NJ

CHRISTMAS EVE 8AM TIL 5PM • CHRISTMAS CLOSED • NEW YEAR'S EVE 8AM TIL 5PM

WWW.ANNABELLASMZZ.COM

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# DO YOU HAVE KNEE PAIN?

“ Choose a Physical Therapist who is not only trained to help you through the rehabilitative process – but a physical therapist who has gone through what you are going through himself! ”

OUR SERVICES ARE AVAILABLE WITHOUT A PRESCRIPTION!

Covered By Medicare and Most Private Insurances

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Christopher Ford, PT  
Physical Therapist

## TOTAL KNEE REPLACEMENT

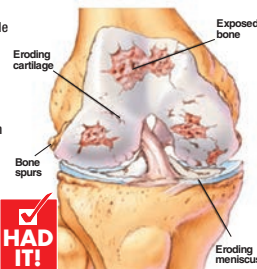
After all the arthroscopies and injections, eventually all of the wear and tear had taken my arthritis to the point of no return. The pain, grinding, clicking began to significantly affect my quality of life and my ability to be active and enjoy playing with my kids. The damage in my knee was so severe that it could no longer be managed with physical therapy, exercise and injections. I recently have had BOTH knees replaced and am just beginning to enjoy life with two new knees that are pain free!



DID IT!

## KNEE ARTHRITIS

As a result of my multiple knee injuries and “wear and tear” from playing sports, I have battled arthritis for many years. With physical therapy, a proper exercise program and “Gel Injections” I managed to remain very active, maintaining a very fulfilling lifestyle in spite of my arthritis pain for many years.



HAD IT!

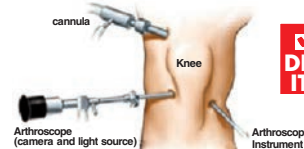
## GEL INJECTIONS



DID IT!

Known by the brand name Synvisc, Orthovisc or others – I had been receiving these injections for several years up until my knee replacements. I believe that these injections (combined with Physical Therapy and proper exercise) helped to postpone my Total Knee Replacements for 6 years, while enabling me to continue to lead an active and athletic lifestyle!

## ARTHROSCOPIC KNEE SURGERY



DID IT!

My history of knee pain began with a series of athletic injuries beginning at the age of 13. Football, Track and Field and Wrestling all took their toll on my knees. Over the years, I have torn cartilage (meniscus) in both of my knees and have undergone multiple Knee Arthroscopies - 3 times ON EACH KNEE!

## Raising The Bar Rehabilitation & Fitness

341 Railroad Ave. East Rutherford  
201-438-7189



## Rutherford Eye Care

15 Franklin Place, Rutherford NJ

## FAMILY EYE CARE CENTER

Convenient Evening and Saturday Hours Available

Anthony Rusignuolo, OD  
Optometrist

Lic #27OA00625300 Cert # 27OM00091300

Make your appointment at  
[www.RutherfordEyeCare.net](http://www.RutherfordEyeCare.net)



MOST INSURANCE PLANS ACCEPTED



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only \$59

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Rutherford Eye Care  
15 FRANKLIN PLACE  
RUTHERFORD NJ

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Call For Appointment 201.933.2576



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John and Linda Kosakowski, Owners

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and much more.**



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corporate accounts welcome

**O'Shea's Pays \$10<sup>00</sup>**

TOWARDS YOUR PURCHASE

\$50 Minimum Purchase. With This Coupon. Cannot Be  
Combined With Any Other Offer. Not Valid on Grave Blankets.  
Expires December 24, 2021 - Not Valid on Wire Orders

Bill O'Shea's  
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Cannot be combined  
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with any purchase  
of \$25 or more

Cannot be combined  
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of \$25 or more

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with other offers.  
Expires 1/31/22

**3 FREE  
GARLIC  
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with other offers.  
Expires 1/31/22

**BUY 2 LARGE PIZZAS AND GET  
A LARGE CAESAR SALAD**

**FREE**

Cannot be combined  
with other offers.  
Expires 1/31/22

**BUY ANY LARGE HOT OR COLD  
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FRENCH FRIES FREE**

(additional charge for sweet  
potato and curly)

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with other offers.  
Expires 1/31/22

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including: **Wood Blinds/Shades**

**We Also Cut Foam To Size**



## **HOLIDAY SPECIAL**

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*Happy Holidays from all of us at*



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Experience**



# CHRISTMAS SPECIALS

OPEN CHRISTMAS EVE 9 AM to 5 PM

Order by December 20. Pick-up by 4 pm December 24.

## STARTER

Mix Antipasto Platter

## CHOICE OF SEAFOOD

Shrimp with Garlic Sauce  
Seafood Salad

## CHOICE OF PASTA

Penne Vodka • Meat Lasagna • Baked Ziti

## CHOICE OF ENTREE

Pork Roast • Eye Round Roast  
Meatballs w/Sauce • Chicken Francese  
Sausage Pepper and Onions

Includes: Tossed Salad • Dinner Rolls • Rice Pudding

8 - 12 People \$249.99 • 18-22 People \$389.99

*Cook less and  
get more  
time to relax!*

**GIFT CERTIFICATES  
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## FINE FRESH MEATS

Filet Mignon Roast.....	\$24.99 lb.
Standing Rib Roast.....	\$16.99 lb.
Pork Roast .....	\$5.99 lb.
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Rack of Lamb .....	\$25.99 lb.

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Shrimp Cocktail	Small (3 lb.)	\$49.99
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Stuffed Mushrooms w/Crab Meat	12.....	\$29.99 / 24 .....
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Crab Cakes (4 oz. each).....		\$49.99 Dozen

Ask About Our Seafood  
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*Happy Holidays!*



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*Happy Holidays!*

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**Highest Prices Paid  
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Since 1975**





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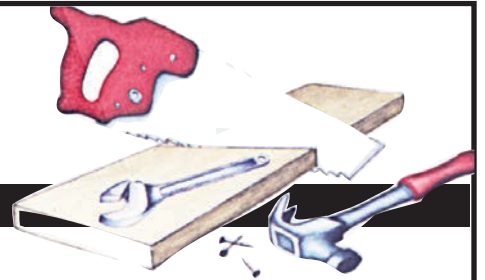
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SPECIAL ON  
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10%  
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Around Service

10% OFF

ANY WASH, DRY  
AND FOLD ORDER\*  
\*Minimum order of \$25.00

With this coupon. One order per household. Expires 1/15/22

## Shopper's Guide

Mailed to @ 20,000 mailboxes  
in Rutherford,

East Rutherford, Carlstadt,  
Wood-Ridge and  
Hasbrouck Heights

PO Box 249, Rutherford, NJ 07070

201-563-6355

njshoppersguide.com

Ann Marie Murtha - Publisher  
Jack Murtha - Publisher

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from our family  
to yours!**



**Razzoli's Little Italy**

Specialty Foods

Deli

Catering



**PICK UP OR DELIVERY AVAILABLE FOR HOLIDAY ORDERS**

**Let Us Do  
The Cooking  
While You Enjoy  
Your Holiday**

**We are preparing  
Christmas Family and  
Individual Meals**

- **PRIME RIB**
- **SUCKLING PIG**
- **HAM • TURKEY**



**Holiday  
Catering for  
Business & Home**

**Christmas Hours:**

**Christmas Eve:  
9am - 5pm**

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9am - 12pm**

**Sandwich Platters, Dessert Trays, 3ft & 6ft Subs, Hot & Cold Trays & more!**

**Feast of the Seven Fishes**

**An Array of Assorted  
Seafood Available!**

**( by the pound or platters )**

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**We have the largest selection of  
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*for better sleep, improved health, more energy  
and focus, change in finances, and weight loss!!*

## *21 Days to Christmas Countdown!!*

- No Exercise
- No Gimmicks
- Personal Coaching
- 24/7 Online Support
- Daily Motivation
- Meal Planning Tips
- Recipes
- Clean Eating / Real Food



- Immune Support
- Increased Energy
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- Digestive Needs
- Substantial Weight Loss & Inches Lost, AND
- Business Opportunity!!



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Seasonal Favorite

Soaked in Pure Butter & Rum

## Oregonelle Deutsche German Stollen

100 Year Old Authentic German Recipe

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"...DOING THINGS THE SAME WAY SINCE IT OPENED MORE THAN A CENTURY AGO"  
NJ MONTHLY



Best Wishes For A Happy Healthy Holiday Season...

MIKE & KATHY

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## HOLIDAY FAVORITES:

- Anise Drops • Honey Balls
- Italian Biscotti
- Variety of Cheesecakes
- Decorative Wreath Cakes
- Yule Logs • Carrot Cakes
- Strawberry Shortcake
- Cream Pies
- Black Forest Cake
- Red Velvet Cake
- German Chocolate Cake (traditional & Margie's from Union City Style)



## Authentic German Streudels

Apple-Cranberry  
Apple ~ Cheese

## Fresh Baked 8" & 10" FRUIT PIES

including:  
Harvest\*

(\*Apple Cranberry Raisin)  
Pumpkin ~ Coconut Custard

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**CHRISTMAS POUND CAKE**  
(Filled W/Raisins, Nuts & Cherries)

## GERMAN HOLIDAY COOKIES

Springale Cookies  
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**10% OFF**

total purchase of \$10 or more - with this coupon  
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## Varrelmann's Bake Shop

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All Natural Ingredients - No Preservatives - No Additives  
All Baking Done in Our 100 Year Old Authentic Brick Oven

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**\$140** Save \$20  
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PROFESSIONAL LINE

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AND UP

Salem COSMETICS

Straightening that repairs and treats damaged hair. For straight hair that looks natural, shiny, radiant and frizz-free



**SENIOR CUTS**

**\$16**

THURSDAY ONLY

Root Touch Up, Deep Conditioner Treatment, Haircut, and Blow Dry

**\$85**  
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Long Hair Extra  
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We Specialize In Men's Haircuts



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**PROTECT  
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*No one wants  
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The Local Food Banks  
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In Our Area**

**Please Remember Those  
Who Need Our Help Need  
It Throughout The Year...  
Not Just During The  
Holiday Season.**

**NO ONE WANTS  
TO BE HUNGRY**

**Have A Very Happy  
Healthy Holiday**



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All Other General Repairs & Service**

**ALL WORK GUARANTEED  
IS YOUR CAR TELLING YOU SOMETHING?  
LET US DIAGNOSE IT.**

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ASK FOR LIB, SAM, DAN OR JOHN  
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**WE SERVICE ALL MAKES & MODELS  
NO JOB IS TOO BIG OR SMALL**

## JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

WTYIT

SUMEA

GREVON

MIYFAN

Print your answer here:

\_\_\_\_\_

THAT SCRAMBLED WORD GAME  
by David L. Hoyt and Jeff Knurek



Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Answer: The barbers liked to eat their meals without all the ---

Jumbles: WITTY AMUSE GOVERN INFAMY





**111 Rt. 17 South,  
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201-288-0355**

**CALL FOR OUR HOLIDAY HOURS**  
*Open Christmas Eve and Christmas Day  
New Year's Eve and New Year's Day*

*Wishing everyone a Safe and Happy  
Holiday Season and all the Best in 2022!*

*Thank You for Your  
Continued Support!*



**EVERY MONDAY IS  
Senior Appreciation Day  
50% OFF Entree\***  
**ALL DAY**

\*Must purchase a beverage. Proper ID Required.

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**KIDS EAT FREE\***

**Monday - Friday 2 pm - 5 pm**

\*Must Order from Children's Menu Only

ASK YOUR SERVER FOR DETAILS.

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**Call For Christmas Eve &  
New Year's Eve Reservations**



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## TRADITIONAL HOLIDAY RECIPE

### Italian Knot Cookies

5 lbs of Flour

6 Eggs

3/4 lb of Butter

3/4 lb of Crisco

2 3/4 Cups of Sugar

2 3/4 Cups of Cold Milk

4 Tbsp. of Vanilla

1/3 Cup of Baking Powder

ICING: Warm Milk, Powdered Sugar\*

Sift the dry ingredients together. Cut the butter and Crisco into the dry ingredients. It will look like Rice Crispy. Add the eggs, milk, and vanilla and mix with your hands until smooth. Roll out into 3" ropes (about 1/2" diameter). Tie into knot and bake at 325° until bottom is lightly brown (approx. 12-15 minutes). Top of cookie does not brown but should be hard to the touch. Let cool before putting on icing.

ICING - Heat milk and gradually add powdered sugar until thick. Brush on the top of cookie and add colored sprinkles. Makes approximately 100 cookies.

\* You can add vanilla, lemon, almond or annisette extract to icing for flavor.



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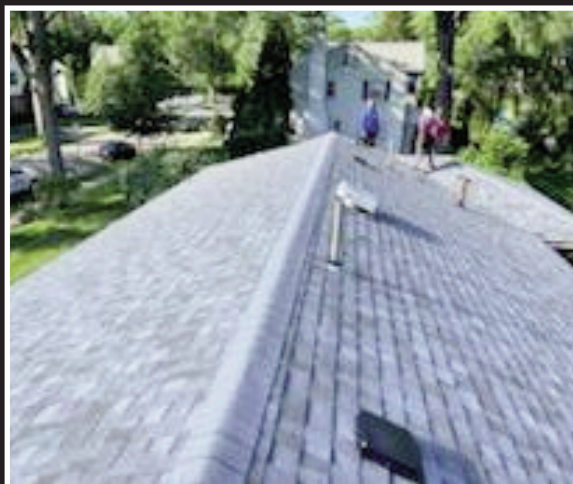


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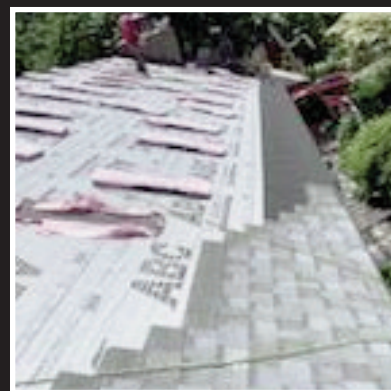
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