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For The
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**We Buy Gold
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**NOVEMBER 2021
ZONE 12**

Shopper's Guide

**LOCALLY OWNED
AND PUBLISHED**

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BEEFSTEAK DINNER

November 18th • 7pm-9pm

ALL YOU CAN EAT!

Includes Pitchers of Soda
\$3.00 Domestic Beer / \$3.00 Glasses of Wine
SEATING IS LIMITED. BUY YOUR TICKETS TODAY!

Martini Mondays

Only \$3.00 All Varieties

Pasta Tuesdays

All You Can Eat! **Only \$19.75**

Wicked Wednesdays

50% Off Entire Wine List

We offer a full bar
and an Amazing
Wine List!



LIVE ENTERTAINMENT

Visit Our Website For Schedule of Events

SUNDAY GRAVY

Includes: **Mozzarella Platter • Antipasto**
Meatballs • Sausage • Pork Ribs • Bracirole

With Choice of Pasta **Only \$29.75** Per Person

Not to be combined with any other offer.
Must present this coupon. Six people or more,
call for reservation. Not valid on holidays.
Coupon Expires 12/31/21.

\$10 Off

Entire Dine-In Check
of \$50 or More

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any other offer.
Coupon Expires 12/31/21.

\$5 Off

Pitcher of Sangria

Dine-In Only.
Not to be combined with any other offer.
Coupon Expires 12/31/21.

FREE

½ lb. of Fresh
Mozzarella
With Purchase of 1 lb.

Not valid on holidays.
Not to be combined with any other offer.
Coupon Expires 12/31/21.

THANKSGIVING DAY DINNER PACKAGE

\$19.99 Per Person

No Minimum

Roasted Turkey Breast,
Gravy, Stuffing and
Choice of Whipped
Sweet Potato or
Mashed Potatoes,
Cranberry Sauce,
Dinner Rolls and Slice
of Apple or Pumpkin Pie

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any other offer.
THANKSGIVING DAY ONLY.



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NOW YOU CAN TEXT YOUR ORDER TO:
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FREE MEDIUM PLAIN PIZZA
 with any purchase of \$30 or more
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FREE DESSERT
 with any purchase of \$25 or more
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FREE SMALL PENNE VODKA
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3 FREE GARLIC CHEESE ROLLS
 with any purchase of \$20 or more
Cannot be combined with other offers. Expires 12/31/21

BUY 2 LARGE PIZZAS AND GET A LARGE CAESAR SALAD FREE
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BUY ANY LARGE HOT OR COLD SUB AND GET AN ORDER OF FRENCH FRIES FREE
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Rutherford Eye Care
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 Buy One Complete Pair of Glasses
 Get One At **50% Off**

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Ray-Ban FLEXON EYEWEAR OAKLEY Chloé

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\$50 OFF

ANY COMPLETE PAIR OF PRESCRIPTION GLASSES

Frame and lenses must total at least \$200 before discount. Coupon must be presented at time of purchase. May not be combined with any other offers or prior purchases. No other discounts or insurance applies. Expires 11/30/21.

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Have a Happy
and Healthy
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**We Deliver
Flowers
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SPECIAL HOLIDAY SAVINGS NOVEMBER 20 AND 21 ONLY

O'Shea's Pays \$10.00

TOWARDS YOUR PURCHASES ON NOVEMBER 20 and 21

\$50 Minimum Purchase. With This Coupon. Cannot Be Combined

With Any Other Offer. Not Valid On Wire Orders.

Good On November 20 and 21, 2021 Only.

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FEED THE HUNGRY - See Next Page For Additional Information!

Shop Early This Holiday!

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TODAY!**

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Feed the Hungry

**Donate \$10 for the
Center For Food Action**



**and get a Beautiful
Red Ribbon on
"The Boulevard"
with your name on it!**



Your \$10 Red Ribbon Donation will be used by the Center For Food Action to purchase food. The Center For Food Action is a non-profit food center that has served those in need in our area since 1976.

A Donation of \$50 will allow a family in our neighborhood to enjoy a Traditional Holiday Dinner. A Special Red Ribbon with Silver embellishments will denote your generosity.

Individual and Corporate Donations of \$100 or more will receive a unique Red and Gold Ribbon.

----- *Yes, I want to share the Holiday Spirit . .* -----

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Hasbrouck Heights, NJ 07604

201-288-2300

Enclosed is my Holiday
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Drop off or mail your contribution to:

Bill O'Shea's Florist,

231 Boulevard, Hasbrouck Heights, NJ 07604.

Make checks payable to: The Center For Food Action

One ribbon per name will be placed for every

\$10/\$50/\$100 contribution received.

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Thanksgiving Specials

16-18 LB. BELL & EVANS COOKED TURKEY

PACKAGE INCLUDES:

1/2 Tray of Roasted Potatoes
1/2 Tray of String Beans
1/2 Tray of Penne Vodka
1/2 Tray of Tossed Salad
Homemade Turkey Gravy
1 Dozen Dinner Rolls
2 lbs. of Rice Pudding

\$225 Feeds 8-12 People

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THANKSGIVING DAY**

(orders must
be picked
up by
11/24/2021)

OPEN 9 AM TO 5 PM ON NOVEMBER 24

Already Have Plans?

*Cook Less And Get More Time To Relax!
We'll Never Tell.*

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Mashed Potatoes \$39.99 HALF TRAY
Tortellini Salad \$7.99 PER POUND
String Beans \$35.99 HALF TRAY
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Sweet Potato Casserole \$29.99 HALF TRAY
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**Happy
Thanksgiving**



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**\$2.00 OFF
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Exp. 11/30/2021



WISHING EVERYONE A HAPPY THANKSGIVING!

Hair Stylist Needed

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*We would like
to say
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readers."*



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Ann Marie and Jack Murtha, Publishers, Shopper's Guide

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201-288-0355**

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2 pm - 5 pm**

*Must Order from
Children's Menu Only
Ask Your Server For Details.

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50% OFF Entree*
ALL DAY**

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• HIGHLIGHTS SERVICE
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4pm-7pm

BUY ONE ENTREE
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MONDAY IS BURGER
NIGHT - Buy 1, Get 1

1/2 Price

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FALL IS HERE!

Time To Get Ready For The Holidays!



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Happy Thanksgiving



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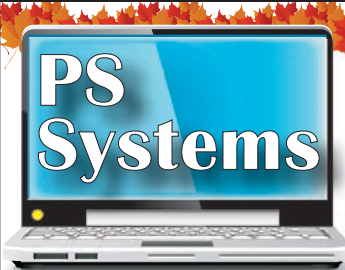


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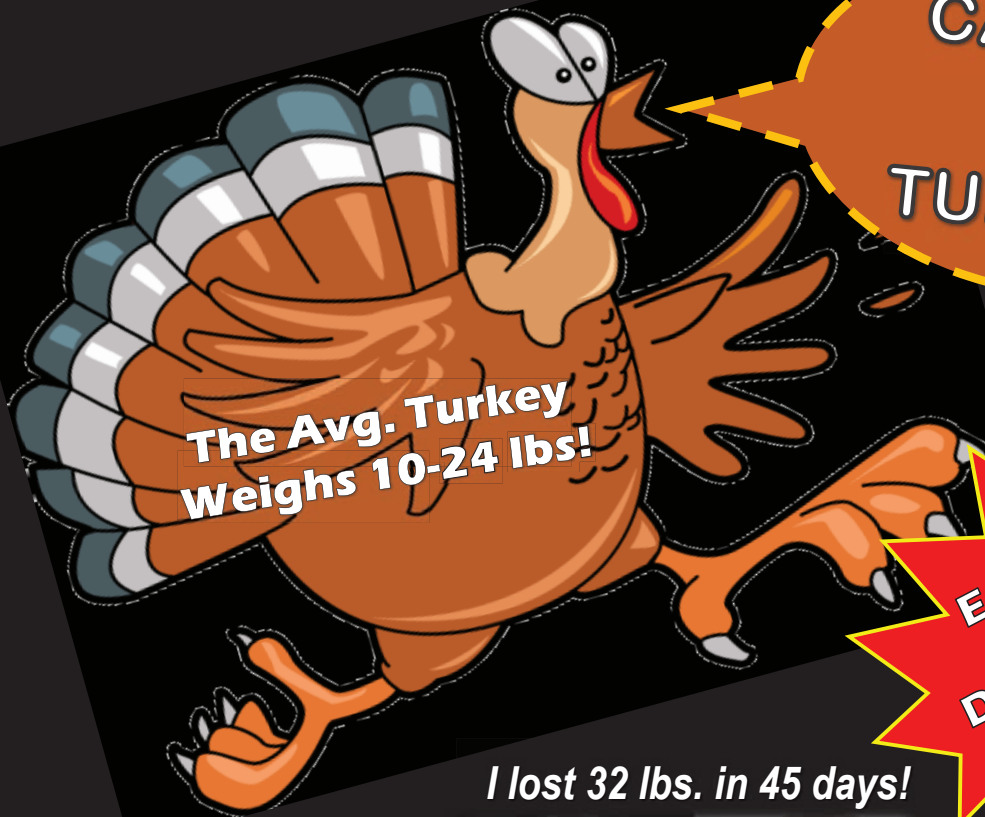
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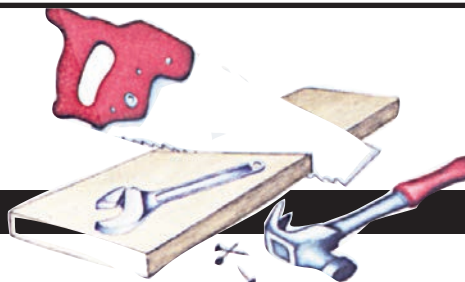
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DO YOU HAVE KNEE PAIN?

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Christopher Ford, PT
Physical Therapist

TOTAL KNEE REPLACEMENT

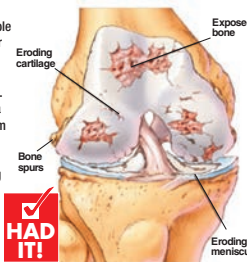
After all the arthroscopies and injections, eventually all of the wear and tear had taken my arthritis to the point of no return. The pain, grinding, clicking began to significantly affect my quality of life and my ability to be active and enjoy playing with my kids. The damage in my knee was so severe that it could no longer be managed with physical therapy, exercise and injections. I recently have had BOTH knees replaced and am just beginning to enjoy life with two new knees that are pain free!



DID IT!

KNEE ARTHRITIS

As a result of my multiple knee injuries and “wear and tear” from playing sports, I have battled arthritis for many years. With physical therapy, a proper exercise program and “Gel Injections” I managed to remain very active, maintaining a very fulfilling lifestyle in spite of my arthritis pain for many years.



HAD IT!

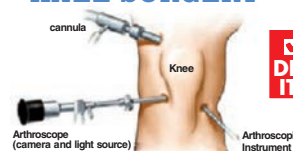
GEL INJECTIONS



DID IT!

Known by the brand name Synvisc, Orthovisc or others – I had been receiving these injections for several years up until my knee replacements. I believe that these injections (combined with Physical Therapy and proper exercise) helped to postpone my Total Knee Replacements for 6 years, while enabling me to continue to lead an active and athletic lifestyle!

ARTHROSCOPIC KNEE SURGERY



DID IT!

My history of knee pain began with a series of athletic injuries beginning at the age of 13. Football, Track and Field and Wrestling all took their toll on my knees. Over the years, I have torn cartilage (meniscus) in both of my knees and have undergone multiple Knee Arthroscopies - 3 times ON EACH KNEE!

Raising The Bar Rehabilitation & Fitness
341 Railroad Ave. East Rutherford
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